

# HD LEADERSHIP TRAINING

Elevate your conscious business with HD

## Week 1

### Introduction, Welcome

- To me, each other & Human Design

## Week 3

### Energy Types

- Overview of the 5 Energy Types
- How to utilise their strengths & support them with their challenges
- Their strategy (how to maximise the way they attract opportunities)

## Week 5

### Profiles & Authorities

- 12 profile types (how they're designed to learn & approach achieving their goals)
- 7 Authorities (how to support the different ways we are designed to make decisions)

## Week 7

### Undefined Centers

- Strengths & vulnerabilities & how to support them

## Week 9

### Defined Centers

- Strengths & vulnerabilities & how to support them

## Week 11

### Variables & Definitions

- Definitions (best working conditions), Consistency style, Environments (that support health & productivity), Motivation styles, Perceptions styles

## Week 12

### Q&A + Real Life Scenarios

#### Includes:

- 90 mins HD Analysis Coaching Session to identify how YOU can lead from your highest potential, in a way that supports you & others.
- Your own personal Leadership HD Action Plan (following your HD Analysis)
- Resources e.g. handouts, workbooks

Investment: £1,200